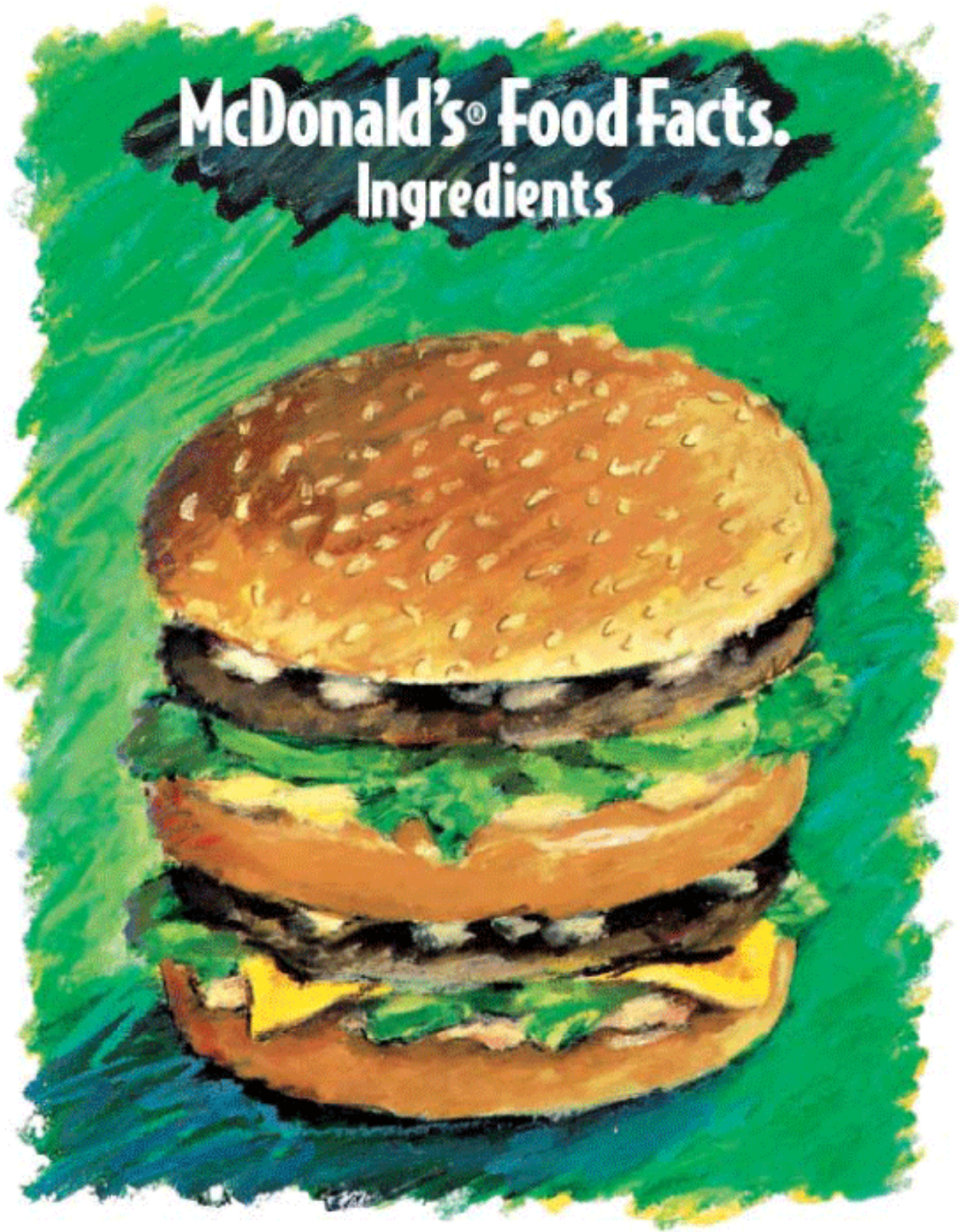


McDonald's® Food Facts. Ingredients



As of July 02, 2013

We get questions every day about our food. So, we are pleased to provide our customers with McDonald's Food Facts – a complete ingredient list and nutritional analysis of many of our menu items. We hope that the information contained in this guide will answer any questions you may have.

At McDonald's we believe in the nutritional principals of balance, variety and moderation and that eating at McDonald's can fit into a healthy lifestyle. Our goal is to provide you with the information necessary to make informed decisions about your McDonald's menu choices. This guide can help you balance your McDonald's meal with the other meals you eat today, and every day.

McDonald's attempts to provide nutrition and ingredient information regarding its products that is as complete as possible. Some menu items may not be available at all restaurants; test products, test formulations, regional products and/or limited time promotional products have not been included. The nutrition and ingredient information is based on standard product formulations, standard product assembly and standard serving sizes. Actual sizes and assembly may vary. Due to the individual preparation of each of our menu items, actual values may vary from those listed. Variations may also occur depending on the local supplier, region of the country, and the season of the year. Further, product formulations change periodically. Serving sizes may vary from quantity upon which the analysis was conducted. Serving size designation for beverages refers to total cup volume; the actual amounts of beverage (and ice) may vary. Nutrient results for menu items are rounded according to federal rounding regulations. No products are certified as vegetarian; all products may contain trace amounts of ingredients derived from animals.

McDonald's publishes updated versions of the "Food Facts" guide periodically. This guide reflects the ingredient and nutritional information for the products presented and available in Canada on the date as listed in the top left corner of this page. The information for our products is updated most frequently on our website at www.mcdonalds.ca.

If you wish further information or have food sensitivities or dietary concerns regarding specific ingredients in specific menu items, please contact us at:

McDonald's Food Information
c/o Customer Relations Department
McDonald's Restaurants of Canada Limited
McDonald's Place
Toronto, Ontario
M3C 3L4



INGREDIENTS**Breakfast****Bacon N' Egg Bagel with Multigrain Bagel**

Bacon Slice
Breakfast Sauce
Folded Eggs
Multigrain Bagel
Processed Cheese Slice
Trans Fat Free Liquid
Margarine

Bacon Western Bagel

Bacon Slice
Breakfast Sauce
Folded Eggs
Green Peppers
Mushrooms
Processed Cheese Slice
Regular Bagel
Slivered Onions
Trans Fat Free Liquid
Margarine

BLT Bagel with Multigrain

Bacon Slice
Leaf Lettuce
McChicken® Sauce
Multigrain Bagel
Tomato Slice
Trans Fat Free Liquid
Margarine

Egg, Lettuce and Tomato Bagel with Multigrain

Folded Eggs
Leaf Lettuce
Multigrain Bagel
Processed Cheese Slice
Tomato Slice
Trans Fat Free Liquid
Margarine

Multigrain Bagel with Margarine

Multigrain Bagel
Trans Fat Free Liquid
Margarine

Sausage McMuffin®

English Muffin
Processed Cheese Slice
Sausage Patty
Trans Fat Free Liquid
Margarine

Bacon N' Egg Bagel with Regular Bagel

Bacon Slice
Breakfast Sauce
Folded Eggs
Processed Cheese Slice
Regular Bagel
Trans Fat Free Liquid
Margarine

Bacon Western Bagel - Multi-Grain

Bacon Slice
Breakfast Sauce
Folded Eggs
Green Peppers
Multigrain Bagel
Mushrooms
Processed Cheese Slice
Slivered Onions
Trans Fat Free Liquid
Margarine

BLT Bagel with Regular Bagel

Bacon Slice
Leaf Lettuce
McChicken® Sauce
Regular Bagel
Tomato Slice
Trans Fat Free Liquid
Margarine

Egg, Lettuce and Tomato Bagel with Regular Bagel

Folded Eggs
Leaf Lettuce
Processed Cheese Slice
Regular Bagel
Tomato Slice
Trans Fat Free Liquid
Margarine

Regular Bagel with Margarine

Regular Bagel
Trans Fat Free Liquid
Margarine

Sausage McMuffin® with Egg sandwich

Egg
English Muffin
Processed Cheese Slice
Sausage Patty
Trans Fat Free Liquid
Margarine

Bacon 'n Egg Biscuit Sandwich

Bacon Slice
Buttermilk Biscuit
Folded Eggs
Processed Cheese Slice
Trans Fat Free Liquid
Margarine

Bacon, Egg & Cheese McGriddles® sandwich

Bacon Slice
Folded Eggs
McGriddles® Cakes
Processed Cheese Slice

Breakfast Burrito

Egg Mixture
Processed Cheese Slice
Tortilla

Fruit and Maple Oatmeal

Cranberry Raisin Blend
Diced Apples
Maple Brown Sugar
Packet
Oatmeal
Water

Sausage McGriddles® sandwich

McGriddles® Cakes
Sausage Patty

Sausage 'n Egg Biscuit Sandwich

Buttermilk Biscuit
Folded Eggs
Processed Cheese Slice
Sausage Patty
Trans Fat Free Liquid
Margarine

Bacon 'n Egg McMuffin® sandwich

Bacon Slice
Egg
English Muffin
Processed Cheese Slice
Trans Fat Free Liquid
Margarine

Big Breakfast®

Egg (pasteurized)
English Muffin
Hashbrowns
Sausage Patty
Trans Fat Free Liquid
Margarine

Egg McMuffin® sandwich

Canadian Bacon
Egg
English Muffin
Processed Cheese Slice
Trans Fat Free Liquid
Margarine

Hotcakes with Syrup and Butter

Butter Portion - Whipped
Hotcake Syrup
Hotcakes

Sausage Biscuit

Buttermilk Biscuit
Sausage Patty
Trans Fat Free Liquid
Margarine

Sausage, Egg & Cheese McGriddles® sandwich

Folded Eggs
McGriddles® Cakes
Processed Cheese Slice
Sausage Patty

Bacon Slice: Pork Bacon, water, salt, sugar, smoke flavouring, sodium phosphate, sodium erythorbate, sodium nitrite.

Breakfast Sauce: Soybean oil, water, frozen egg yolk, seasonings [glucose solids, salt, sugar, spice, dehydrated cheese (skim milk, salt, enzymes), sodium benzoate, potassium sorbate, buttermilk powder, natural (milk) and artificial flavour, disodium inosinate, disodium guanylate, calcium disodium EDTA, silicon dioxide], frozen egg-white, vinegar, salt, concentrated lemon juice, modified corn starch, propylene glycol alginate, xanthan gum, plant extractives, colour (turmeric), natural (milk) and artificial flavour. CONTAINS: EGG, MILK

Butter Portion - Whipped: Cream, salt, may contain colour. CONTAINS MILK

Buttermilk Biscuit: Enriched wheat flour, cultured non-fat buttermilk [cultured skim milk, salt, sodium citrate, buttermilk stabilizer (modified corn starch, tapioca flour, soy mono and diglycerides, carrageenan, locust bean gum, dextrose)], vegetable shortening [palm and palm kernel oil], water, sugar, sodium bicarbonate, sodium aluminum phosphate, salt, monocalcium phosphate, natural flavour [dairy and vegetable], soy lecithin. Lightly brushed with trans fat free margarine (Canola oil, water, salt, hydrogenated cottonseed oil, soy lecithin, palm oil monoglycerides, potassium sorbate, artificial flavour, calcium disodium EDTA, colour (plant source), citric acid, vitamin A palmitate, vitamin D3). CONTAINS: MILK, WHEAT, SOY

Canadian Bacon: Pork, water, sugar, salt, sodium lactate, sodium phosphate, natural flavour (vegetable source), sodium diacetate, sodium nitrite, smoke.

Cranberry Raisin Blend: Dried sweetened cranberries (sugar, cranberries), California raisins, golden raisins, sunflower oil, sulfur dioxide as a preservative. CONTAINS: SULPHITES

Diced Apples: Apples, calcium ascorbate.

Egg: Egg (Canada Grade A Large). Cooked on a grill, lightly seasoned, with trans fat free cooking spray (Canola oil, water, salt, hydrogenated cottonseed oil, soy lecithin, palm oil monoglycerides, potassium sorbate, artificial flavour, calcium disodium EDTA, colour (plant source), citric acid, vitamin A palmitate, vitamin D3). CONTAINS: EGG, SOY

Egg (pasteurized): Whole egg, citric acid, and may contain sodium acid pyrophosphate, sodium phosphate. Cooked on a grill, lightly seasoned, with trans fat free cooking spray (Canola oil, water, salt, hydrogenated cottonseed oil, soy lecithin, palm oil monoglycerides, potassium sorbate, artificial flavour, calcium disodium EDTA, colour (plant source), citric acid, vitamin A palmitate, vitamin D3). CONTAINS: EGG, SOY

Egg Mixture: Pre-cooked eggs (whole eggs, skim milk, soybean oil, modified corn starch, salt, black pepper flavour {corn starch, spices, mixed triglycerides, flavouring, silicon dioxide, gelatin (pork), carboxymethyl cellulose, sodium benzoate, citric acid, gum acacia}, black pepper extract, xanthan gum, citric acid, artificial butter flavour (butter {cream}), lipolyzed butter oil, medium chain triglycerides, artificial butter flavours, soybean oil, natural flavour (dairy source), annatto extract), pre-cooked sausage (pork, water, salt, dextrose, spices, corn syrup solids, sugar), vegetables (tomatoes, green chilies, onions, calcium chloride, citric acid). CONTAINS: EGG, MILK

English Muffin: Enriched bleached wheat flour, water, yeast, high fructose corn syrup, corn flour, salt, vegetable oil (canola and/or soybean), cornmeal, calcium sulphate, calcium propionate, citric acid, diacetyl tartaric acid esters of mono and diglycerides, artificial flavours, natural flavours (plant source), calcium silicate, enzymes AND MAY CONTAIN ANY OR ALL OF THE FOLLOWING IN VARYING PROPORTIONS wheat gluten, leavening (monocalcium phosphate, calcium sulfate, calcium carbonate), barley malt, ascorbic acid, potassium sorbate, wheat starch, azodicarbonamide. CONTAINS: WHEAT, BARLEY

Folded Eggs: Whole egg, soybean oil, modified corn starch, egg flavour, sodium acid pyrophosphate, flavouring (salt, maltodextrin, natural flavour, spices, turmeric), carrageenan gum (carrageenan, maltodextrin, dextrose), sodium phosphate, citric acid. Cooked on a grill, lightly seasoned, with trans fat free cooking spray (Canola oil, water, salt, hydrogenated cottonseed oil, soy lecithin, palm oil monoglycerides, potassium sorbate, artificial flavour, calcium disodium EDTA, colour (plant source), citric acid, vitamin A palmitate, vitamin D3). CONTAINS: EGG, SOY

Green Peppers : Green Peppers.

Hashbrowns: Potatoes, canola oil, hydrogenated soybean oil, safflower oil, natural flavour (vegetable source), salt, dehydrated potato, vegetable monoglycerides, corn flour, dextrose, sodium acid pyrophosphate, extractives of black pepper, citric acid, dimethylpolysiloxane and cooked in vegetable oil (Canola oil, corn oil, soybean oil, hydrogenated soybean oil with THBQ, citric acid and dimethylpolysiloxane).

Hotcake Syrup: Sugar/glucose-fructose, water, natural (plant source) and artificial flavour, potassium sorbate, colour (caramel).

Hotcakes: Water, enriched wheat flour, whey powder, corn flour, soybean oil, whole egg, sugar, leavening (sodium bicarbonate, sodium aluminum phosphate, monocalcium phosphate), dextrose, emulsifier (propylene glycol monostearate, soy monoglycerides, sodium stearyl-2-lactylate), salt, artificial flavour, xanthan gum, colour (beta carotene), soy lecithin. CONTAINS: WHEAT, EGG, MILK and SOY.

Leaf Lettuce: Leaf lettuce.

Maple Brown Sugar Packet: Brown sugar, maple sugar.

McChicken® Sauce: Soybean oil, water, prepared mustard (water, mustard seed, vinegar, salt, mustard bran), frozen egg yolk, vinegar, sugar, salt, xanthan gum, potassium sorbate, calcium disodium EDTA. CONTAINS: MUSTARD, EGG

McGriddles® Cakes: Water, enriched wheat flour, sugar, dextrose, palm oil, soybean oil, brown sugar, leavening (sodium acid pyrophosphate, sodium bicarbonate, monocalcium phosphate), natural and artificial flavours (contain milk, soy), rice flour, whey powder, salt, modified tapioca starch, buttermilk powder, colour (caramel), soy lecithin, carnauba wax, preservatives (citric acid). CONTAINS: WHEAT, MILK, SOY

Multigrain Bagel : Enriched wheat flour, water, high fructose corn syrup, flax, sesame seeds, buckwheat, sunflower seeds, salt, canola oil, malted barley, corn grits, wheat bran, rolled oats, triticale, rolled wheat, yeast, calcium propionate, caramel color, tapioca starch. CONTAINS: WHEAT, BARLEY, OATS, TRITICALE, SESAME SEEDS

Mushrooms: Mushrooms. Cooked on a grill, lightly seasoned, with trans fat free cooking spray (Canola oil, water, salt, hydrogenated cottonseed oil, soy lecithin, palm oil monoglycerides, potassium sorbate, artificial flavour, calcium disodium EDTA, colour (plant source), citric acid, vitamin A palmitate, vitamin D3). CONTAINS: SOY

Oatmeal: Whole grain rolled oats (with oat bran), modified corn starch, maltodextrin (corn), natural flavour (barley), salt. CONTAINS: OATS, BARLEY. MAY CONTAINS WHEAT

Processed Cheese Slice: Cheese (Milk, modified milk ingredients, bacterial culture, salt, calcium chloride, microbial enzyme, lipase), modified milk ingredients, water, sodium citrate and/or sodium phosphate, salt, potassium sorbate, citric acid, soy lecithin, colour (annatto). CONTAINS: MILK, SOY

Regular Bagel: Enriched wheat flour, water, high fructose corn syrup, yeast, salt, modified corn starch, sodium alginate, mono and diglycerides, polysorbate 60, oat fiber, propylene glycol, calcium propionate, tapioca starch, solubilized wheat gluten, wheat starch, enzymes, calcium stearate, silicon dioxide. CONTAINS: WHEAT, OATS. MAY CONTAIN: SESAME SEEDS

Sausage Patty: Pork, water, salt, dextrose, sugar, glucose solids, spices.

Slivered Onions: Onions.

Tomato Slice: Sliced tomato.

Tortilla: Enriched bleached wheat flour, water, vegetable shortening (interesterified soybean oil, fully hydrogenated soybean oil), CONTAINS 2% OR LESS OF THE FOLLOWING: sugar, potassium chloride, trehalose, flavoring preparation, salt, autolyzed yeast extract, baking powder (sodium bicarbonate, corn starch, sodium aluminum sulfate, calcium sulfate, monocalcium phosphate), vital wheat gluten, soy monoglycerides, dough conditioner (sodium metabisulfite, corn starch, microcrystalline cellulose, dicalcium phosphate). CONTAINS: WHEAT

Trans Fat Free Liquid Margarine: Canola oil, water, salt, hydrogenated cottonseed oil, soy lecithin, palm oil monoglycerides, potassium sorbate, artificial flavour, calcium disodium EDTA, colour (plant source), citric acid, vitamin A palmitate, vitamin D3. CONTAINS: SOY

Water: Water

Lunch/Dinner - Sandwiches

Angus Bacon & Cheese
Angus Burger Seasoning
Angus Patty
Bacon Slice
Grill Seasoning
Ketchup
Mustard
Pickle crinkle cut
Premium Bun Angus
Processed Cheese Slice
Red Onion rings

Angus Deluxe
Angus Burger Seasoning
Angus Patty
Grill Seasoning
Leaf Lettuce
McChicken® Sauce
Mustard
Pickle crinkle cut
Premium Bun Angus
Processed Cheese Slice
Red Onion rings
Tomato Slice

Angus Mushroom and Swiss Burger
Angus Burger Seasoning
Angus Patty
Grill Seasoning
McChicken® Sauce
Mushrooms
Premium Bun Angus
Swiss Cheese

Bacon Cheeseburger
Bacon Slice
Beef Patty
Grill Seasoning
Ketchup
Mustard
Onions (dehydrated)
Pickle Slices
Processed Cheese Slice
Regular Bun

Bacon Chicken Snack Wrap
Bacon pieces
Crispy Chicken Strips
Lettuce
Three Cheese Caesar Sauce
Tortilla

Bacon Chicken Snack Wrap with Grilled Chicken
Bacon pieces
Grilled Chicken Portion
Lettuce
Three Cheese Caesar Sauce
Tortilla

Big Mac® sandwich
Beef Patty
Big Mac® Bun
Big Mac® Sauce
Grill Seasoning
Lettuce
Onions (dehydrated)
Pickle Slices
Processed Cheese Slice

Big Xtra® sandwich
Grill Seasoning
Ketchup
Lettuce
Mayonnaise-Style Sauce
Pickle Slices
Quarter Pounder® Beef Patty
Sesame Seed Bun
Slivered Onions
Tomato Slice

Cheeseburger
Beef Patty
Grill Seasoning
Ketchup
Mustard
Onions (dehydrated)
Pickle Slices
Processed Cheese Slice
Regular Bun

Chicken & Bacon Signature McWrap® with Crispy Strips
Bacon Slice
Crispy Chicken Strips
Jalapeno Monterey Jack Lettuce
McChicken® Sauce
Tomato Slice
Whole Wheat Tortilla

Chicken & Bacon Signature McWrap® with Grilled Chicken
Bacon Slice
Grilled Chicken Portion
Jalapeno Monterey Jack Lettuce
McChicken® Sauce
Tomato Slice
Whole Wheat Tortilla

Chicken *Snack Wrap*®
Crispy Chicken Strips
Lettuce
Premium Ranch Sauce
Shredded Monterey Jack & Light Cheddar Cheese Blend
Tortilla

Chipotle Chicken Snack Wrap
Chipotle BBQ sauce
Crispy Chicken Strips
Lettuce
Shredded Monterey Jack & Light Cheddar Cheese Blend
Tortilla

Chipotle Chicken Snack Wrap with Grilled Chicken
Chipotle BBQ sauce
Grilled Chicken Portion
Lettuce
Shredded Monterey Jack & Light Cheddar Cheese Blend
Tortilla

Double *Big Mac*® sandwich
Beef Patty
Big Mac® Bun
Big Mac® Sauce
Grill Seasoning
Lettuce
Onions (dehydrated)
Pickle Slices
Processed Cheese Slice

Double *Quarter Pounder with Cheese*® sandwich
Grill Seasoning
Ketchup
Mustard
Pickle Slices
Processed Cheese Slice
Quarter Pounder® Beef Patty
Sesame Seed Bun
Slivered Onions

As of July 02, 2013

As of July 02, 2013

As of July 02, 2013

Double Cheeseburger
Beef Patty
Grill Seasoning
Ketchup
Mustard
Onions (dehydrated)
Pickle Slices
Processed Cheese Slice
Regular Bun

Double Filet-O-Fish®
Filet-O-Fish® Portion
Processed Cheese Slice
Regular Bun
Tartar Sauce

Fiesta Signature McWrap® with Crispy Strips
Chili Lime Tri-coloured Tortilla Strips
Crispy Chicken Strips
Lettuce
McChicken® Sauce
Shredded Monterey Jack & Light Cheddar Cheese Blend
Tomato Salsa Sauce
Tomato Slice
Whole Wheat Tortilla

Fiesta Signature McWrap® with Grilled Chicken
Chili Lime Tri-coloured Tortilla Strips
Grilled Chicken Portion
Lettuce
McChicken® Sauce
Shredded Monterey Jack & Light Cheddar Cheese Blend
Tomato Salsa Sauce
Tomato Slice
Whole Wheat Tortilla

Filet-O-Fish® sandwich
Filet-O-Fish® Portion
Processed Cheese Slice
Regular Bun
Tartar Sauce

Grilled Cheese sandwich
Mac Club
Processed Cheese Slice

Grilled Chicken *Snack Wrap®*
Grilled Chicken Portion
Lettuce
Premium Ranch Sauce
Shredded Monterey Jack & Light Cheddar Cheese Blend
Tortilla

Hamburger
Beef Patty
Grill Seasoning
Ketchup
Mustard
Onions (dehydrated)
Pickle Slices
Regular Bun

Junior Chicken sandwich
Junior Chicken Patty
Lettuce
Mayonnaise-Style Sauce
Regular Bun

McBistro™ Chicken BLT with Crispy chicken
Bacon Slice
Crispy Chicken Portion
Leaf Lettuce
McChicken® Sauce
Tomato Slice
White Grain Bun

McBistro™ Chicken BLT with Grilled Chicken
Bacon Slice
Grilled Chicken Portion
Leaf Lettuce
McChicken® Sauce
Tomato Slice
White Grain Bun

McBistro™ Southwest Chicken with Crispy Chicken
Crispy Chicken Portion
Jalapeno Monterey Jack
Leaf Lettuce
Southwest Sauce
Tomato Slice
White Grain Bun

McBistro™ Southwest Chicken with Grilled Chicken
Grilled Chicken Portion
Jalapeno Monterey Jack
Leaf Lettuce
Southwest Sauce
Tomato Slice
White Grain Bun

McBistro™ Swiss Mushroom Melt with Crispy Chicken
Creamy Seasoned Sauce
Crispy Chicken Portion
Leaf Lettuce
Mushrooms
Swiss Cheese
White Grain Bun

McBistro™ Swiss Mushroom Melt with Grilled Chicken
Creamy Seasoned Sauce
Grilled Chicken Portion
Leaf Lettuce
Mushrooms
Swiss Cheese
White Grain Bun

McChicken® sandwich
Lettuce
McChicken® Portion
McChicken® Sauce
Sesame Seed Bun

Quarter Pounder with Cheese® sandwich
Grill Seasoning
Ketchup
Mustard
Pickle Slices
Processed Cheese Slice
Quarter Pounder® Beef Patty
Sesame Seed Bun
Slivered Onions

Quarter Pounder® BLT
Bacon Strips
Leaf Lettuce
McChicken® Sauce
Mustard
Pickle Slices
Processed Cheese Slice
Quarter Pounder® Beef Patty
Sesame Seed Bun
Slivered Onions
Tomato Slice

Sweet Chili Signature McWrap® with Crispy Strips
Crispy Chicken Strips
Cucumber
Lettuce
McChicken® Sauce
Thai Sauce
Whole Wheat Tortilla

Sweet Chili Signature McWrap® with Grilled Chicken
Cucumbers
Grilled Chicken Portion
Lettuce
McChicken® Sauce
Thai Sauce
Whole Wheat Tortilla

Angus Burger Seasoning: Dextrose, salt, onion powder, maltodextrin, yeast extract, spice, natural and artificial flavor, beef broth, vegetable shortening (sunflower oil), partially hydrogenated cottonseed and soybean oil, garlic powder, caramel color, worcestershire sauce (vinegar, molasses, corn syrup, salt, caramel color, garlic powder, sugar, spices, tamarind, natural flavor), beef fat, annatto, turmeric, not more than 2% calcium silicate added to prevent caking.

Angus Patty: 100% pure Angus Beef.

Bacon pieces: Pork cured with: water, salt, sugar, smoke flavoring, sodium phosphate, sodium erythorbate, sodium nitrite.

Bacon Slice: Pork Bacon, water, salt, sugar, smoke flavouring, sodium phosphate, sodium erythorbate, sodium nitrite.

Bacon Strips: Pork Bacon, Water, Salt, Sugar, Smoke Flavoring, Sodium Phosphate, Sodium Erythorbate, Sodium Nitrite.

Beef Patty: 100% pure beef.

Big Mac® Bun: Enriched wheat flour, water, high fructose corn syrup and/or glucose-fructose and/or sugar, yeast, vegetable oil (soybean and/or canola), salt, sesame seeds, calcium sulphate, calcium propionate, monoglycerides, enzymes, azodicarbonamide, AND MAY CONTAIN ANY OR ALL OF THE FOLLOWING IN VARYING PROPORTIONS: diacetyl tartaric acid esters of mono and diglycerides, BHT, sodium stearyl-2-lactylate, wheat starch, calcium peroxide, wheat gluten, sorbitol, dextrin, malted barley flour, ascorbic acid, citric acid, calcium stearate, calcium iodate, silicon dioxide. CONTAINS: WHEAT, BARLEY, SESAME SEEDS

Big Mac® Sauce: Soybean oil, relish [pickles, sugar, glucose-fructose, vinegar, glucose, salt, xanthan gum, potassium sorbate, spice extractives], prepared mustard [water, vinegar, mustard seed, salt, sugar, colour (caramel, turmeric), spices], water, frozen egg yolk, vinegar, onion powder, salt, mustard flour, xanthan gum, potassium sorbate, spices, garlic powder, hydrolyzed plant protein (corn, soy, wheat gluten), colour (paprika, caramel), calcium disodium EDTA. CONTAINS: MUSTARD, EGG, WHEAT, SOY

Chili Lime Tri-coloured Tortilla Strips: Corn masa flour, sunflower, safflower, canola and/or corn oil, seasoning (salt, tomato powder, spices, corn maltodextrin, modified corn starch, enriched white corn flour [thiamine, riboflavin, niacin, folic acid, iron, zinc], citric acid, dextrose, sugar, dehydrated onion, lime juice powder [corn maltodextrin, lime juice solids, natural flavour], dehydrated garlic, green bell pepper powder, artificial flavour [corn maltodextrin, modified corn starch, ascorbic acid, benzoic acid], autolyzed yeast extract, disodium inosinate, disodium guanylate), red 40, blue 1, blue 2.

Chipotle BBQ sauce: Glucose-fructose, water, tomato paste, honey, vinegar, fancy molasses, modified corn starch, natural (plant source) and artificial flavour, salt, dried chipotle chiles, spices, soybean oil, onion powder, potassium sorbate, sodium benzoate, garlic powder, colour (caramel), propylene glycol alginate.

Creamy Seasoned Sauce: Soybean oil, water, frozen egg yolk, seasonings [spices, garlic powder, dehydrated onions, granulated onions, flavour (plant source), high monounsaturated vegetable oil (canola and/or soybean and/or sunflower seed), silicon dioxide], vinegar, frozen whole egg, salt, sugar, spices, spice extractives, phosphoric acid, mustard flour, potassium sorbate, sodium benzoate, concentrated lemon juice, calcium disodium EDTA. CONTAINS: EGG, MUSTARD

Crispy Chicken Portion: Boneless chicken breast meat, water, toasted wheat crumb, sodium phosphates with corn maltodextrin and flavour (rosemary extract), salt. Coated with: Toasted wheat crumbs with spices, water, wheat flour, modified corn starch, baking powder, palm oil shortening, wheat protein, modified cellulose, colour (annatto). Cooked in 100% vegetable oil (Canola oil, corn oil, soybean oil, hydrogenated soybean oil with TBHQ, citric acid and dimethylpolysiloxane). CONTAINS: WHEAT

Crispy Chicken Strips: Chicken meat, water, toasted wheat crumb, sodium phosphates with corn maltodextrin and flavour (rosemary extract), salt, seasoning (salt, sugar, spice, yeast extract, onion powder, disodium inosinate & disodium guanylate, flavour (rosemary extract, corn maltodextrin, modified corn starch), polysorbate 80, chicken fat (soybean oil), silicon dioxide). Breaded with: wheat flour, toasted wheat crumbs, water, corn starch, salt, wheat starch, onion powder, garlic powder, spices, baking powder, dehydrated parsley, sodium aluminum phosphate. Cooked in 100% vegetable oil (Canola oil, corn oil, soybean oil, hydrogenated soybean oil with TBHQ, citric acid and dimethylpolysiloxane). CONTAINS: WHEAT

Cucumber: Cucumber.

Cucumbers: English cucumbers.

Filet-O-Fish® Portion: Alaskan Pollock fish fillets, toasted wheat crumbs, modified corn starch, water, flour (corn, wheat), colour (paprika, turmeric), cellulose gum, salt, spices. Cooked in 100% vegetable oil (Canola oil, corn oil, soybean oil, hydrogenated soybean oil with TBHQ, citric acid and dimethylpolysiloxane). CONTAINS: WHEAT, FISH (POLLOCK)

Grill Seasoning: Salt, spice (pepper), sunflower oil (used as a processing aid).

Grilled Chicken Portion: Boneless chicken breast meat, water, seasoning [corn maltodextrin, flavour (rice starch, autolyzed yeast extract, salt, disodium inosinate and disodium guanylate), salt, silicon dioxide, spices], rice starch, sodium phosphates. Cooked on a grill, lightly seasoned, with trans fat free cooking spray (Canola oil, water, salt, hydrogenated cottonseed oil, soy lecithin, palm oil monoglycerides, potassium sorbate, artificial flavour, calcium disodium EDTA, colour (plant source), citric acid, vitamin A palmitate, vitamin D3). CONTAINS: SOY

Jalapeno Monterey Jack: Pasteurised milk, modified milk ingredients, bacterial culture, salt, calcium chloride, microbial enzyme, jalapeno pepper. CONTAINS: MILK

Junior Chicken Patty: Chicken meat, water, chicken skin, salt, and sodium phosphates. Breaded with: wheat flour, water, toasted wheat crumbs, modified corn starch, salt, spice, wheat gluten, garlic powder, baking powder, flavour (contains soy lecithin), silicon dioxide and vegetable oil. Cooked in 100% vegetable oil (Canola oil, corn oil, soybean oil, hydrogenated soybean oil with TBHQ, citric acid and dimethylpolysiloxane). CONTAINS: WHEAT, SOY

Ketchup: Tomato paste (made from fresh ripe tomatoes), liquid sugar, white vinegar, salt, onion powder, spices.

Leaf Lettuce: Leaf lettuce.

Lettuce: Shredded Iceberg lettuce.

Mac Club: Enriched wheat flour, water, high fructose corn syrup and/or glucose-fructose and/or sugar, yeast, vegetable oil (soybean and/or canola), salt, sesame seeds, calcium sulphate, calcium propionate, monoglycerides, enzymes, azodicarbonamide, AND MAY CONTAIN ANY OR ALL OF THE FOLLOWING IN VARYING PROPORTIONS: diacetyl tartaric acid esters of mono and diglycerides, BHT, sodium stearoyl-2-lactylate, wheat starch, calcium peroxide, wheat gluten, sorbitol, dextrin, malted barley flour, ascorbic acid, citric acid, calcium stearate, calcium iodate, silicon dioxide. CONTAINS: WHEAT, BARLEY, SESAME SEEDS

Mayonnaise-Style Sauce: Soybean oil, water, prepared mustard (water, mustard seed, vinegar, salt, mustard bran), frozen egg yolk, vinegar, sugar, salt, xanthan gum, potassium sorbate, calcium disodium EDTA. CONTAINS: MUSTARD, EGG

McChicken® Portion: Chicken meat, chicken skin, salt, flavour [hydrolyzed plant protein (corn, soy, wheat gluten), disodium inosinate, disodium guanylate]. Coated with: wheat flour, water, toasted wheat crumbs, modified corn starch, corn starch, yellow corn flour, salt, spices, sodium bicarbonate, sodium aluminum phosphate, vegetable oil shortening (soybean), modified hydrogenated soybean oil and sodium aluminum silicate (manufacturing aids), wheat starch. Cooked in 100% vegetable oil (Canola oil, corn oil, soybean oil, hydrogenated soybean oil with TBHQ, citric acid and dimethylpolysiloxane). CONTAINS: WHEAT, SOY

McChicken® Sauce: Soybean oil, water, prepared mustard (water, mustard seed, vinegar, salt, mustard bran), frozen egg yolk, vinegar, sugar, salt, xanthan gum, potassium sorbate, calcium disodium EDTA. CONTAINS: MUSTARD, EGG

Mushrooms: Mushrooms. Cooked on a grill, lightly seasoned, with trans fat free cooking spray (Canola oil, water, salt, hydrogenated cottonseed oil, soy lecithin, palm oil monoglycerides, potassium sorbate, artificial flavour, calcium disodium EDTA, colour (plant source), citric acid, vitamin A palmitate, vitamin D3). CONTAINS: SOY

Mustard: Vinegar, water, mustard seed, salt, turmeric, spices. CONTAINS: MUSTARD

Onions (dehydrated): 100% onions.

Pickle crinkle cut: Fresh cucumbers, water, vinegar, salt, calcium chloride, sodium benzoate, polysorbate 80, natural flavours (plant source), turmeric extract.

Pickle Slices: Cucumbers, water, distilled vinegar, salt, calcium chloride, potassium sorbate, potassium aluminum sulphate, natural flavours (plant source), polysorbate 80, extractives of turmeric (colour).

Premium Bun Angus: Enriched wheat flour, water, high fructose corn syrup, yeast, vegetable oil (soybean or canola), malted barley, sesame seeds, salt, wheat gluten, vegetable monoglycerides, corn flour, diacetyl tartaric acid ester of mono diglycerides, ascorbic acid, calcium propionate, turmeric, paprika, natural and artificial flavours, azodicarbonamide AND MAY CONTAIN IN VARYING AMOUNTS: calcium sulfate, calcium peroxide, wheat starch, alpha amylase, calcium sulfate, calcium silicate, enzymes, sodium stearoyl lactylate, ascorbic acid, calcium stearate, silicon dioxide, dextrin, sorbitol, corn grits. CONTAINS: WHEAT, BARLEY, SESAME SEEDS

Premium Ranch Sauce: Water, soybean oil, glucose solids, buttermilk powder, vinegar, frozen egg yolk, sugar, salt, modified corn starch, garlic powder, chives, modified tapioca starch, natural flavour (milk), onion powder, parsley, lactic acid, sodium gluconate, xanthan gum, potassium chloride, potassium sorbate, sodium benzoate, propylene glycol alginate, concentrated lemon juice, calcium disodium EDTA. CONTAINS: MILK, EGG

Processed Cheese Slice: Cheese (Milk, modified milk ingredients, bacterial culture, salt, calcium chloride, microbial enzyme, lipase), modified milk ingredients, water, sodium citrate and/or sodium phosphate, salt, potassium sorbate, citric acid, soy lecithin, colour (annatto). CONTAINS: MILK, SOY

Quarter Pounder® Beef Patty: 100% pure beef.

Red Onion rings: Red onion.

Regular Bun: Enriched wheat flour, water, high fructose corn syrup and/or glucose-fructose and/or sugar, yeast, vegetable oil (soybean and/or canola), salt, calcium sulphate, calcium propionate, monoglycerides, enzymes, azodicarbonamide, AND MAY CONTAIN ANY OR ALL OF THE FOLLOWING IN VARYING PROPORTIONS: diacetyl tartaric acid esters of mono and diglycerides, BHT, sodium stearoyl-2-lactylate, wheat starch, calcium peroxide, wheat gluten, inactive yeast, sorbitol, dextrin, malted barley flour, ascorbic acid, citric acid, calcium stearate, calcium iodate, silicon dioxide. CONTAINS: WHEAT, BARLEY. MAY CONTAIN: SESAME SEEDS

Sesame Seed Bun: Enriched wheat flour, water, high fructose corn syrup and/or glucose-fructose and/or sugar, yeast, vegetable oil (soybean and/or canola), salt, sesame seeds, calcium sulphate, calcium propionate, monoglycerides, enzymes, azodicarbonamide, AND MAY CONTAIN ANY OR ALL OF THE FOLLOWING IN VARYING PROPORTIONS: diacetyl tartaric acid esters of mono and diglycerides, BHT, sodium stearoyl-2-lactylate, wheat starch, calcium peroxide, wheat gluten, inactive yeast, sorbitol, dextrin, malted barley flour, ascorbic acid, citric acid, calcium stearate, calcium iodate, silicon dioxide. CONTAINS: WHEAT, BARLEY, SESAME SEEDS

Shredded Monterey Jack & Light Cheddar Cheese Blend: Pasteurised milk, modified milk ingredients, bacterial culture, salt, calcium chloride, microbial enzyme, colour (annatto), cellulose, natamycin. CONTAINS: MILK

Slivered Onions: Onions.

Southwest Sauce: Soybean oil, water, glucose syrup, vinegar, frozen egg yolk, salt, seasonings, modified corn starch, xanthan gum, spices, mustard flour, potassium sorbate, sodium benzoate, spice extractives, calcium disodium EDTA. CONTAINS: EGG, MUSTARD

Swiss Cheese: Pasteurised milk, modified milk ingredients, bacterial culture, salt, calcium chloride, microbial enzyme. CONTAINS: MILK

Tartar Sauce: Soybean oil, relish (pickles, water, salt, vinegar, capers, xanthan gum, potassium sorbate, spice extractives, polysorbate 80), frozen egg yolk, water, onions, vinegar, sugar, salt, mustard flour, xanthan gum, potassium sorbate, dehydrated parsley, calcium disodium EDTA. CONTAINS: EGG, MUSTARD

Thai Sauce: Sugar, water, vinegar, frozen red peppers, salt, modified tapioca starch, dehydrated garlic, spices, dehydrated red bell pepper, natural flavour (plant source), xanthan gum, potassium sorbate, sodium benzoate.

Three Cheese Caesar Sauce: Soybean oil, water, parmesan, romano and asiago cheeses, vinegar, frozen egg yolk, salt, sugar, seasonings [contains natural flavour (plant source)], concentrated lemon juice, spices, mustard seed, xanthan gum, natural flavour (plant source), potassium sorbate, sodium benzoate, calcium disodium EDTA. CONTAINS: MILK, EGG, MUSTARD.

Tomato Salsa Sauce: Water, tomato paste, glucose syrup, sugar, vinegar, modified corn starch, salt, spices, seasonings, potassium sorbate, sodium benzoate, onion powder, garlic powder, natural flavour (plant source).

Tomato Slice: Sliced tomato.

Tortilla: Enriched bleached wheat flour, water, vegetable shortening (interesterified soybean oil, fully hydrogenated soybean oil), CONTAINS 2% OR LESS OF THE FOLLOWING: sugar, potassium chloride, trehalose, flavoring preparation, salt, autolyzed yeast extract, baking powder (sodium bicarbonate, corn starch, sodium aluminum sulfate, calcium sulfate, monocalcium phosphate), vital wheat gluten, soy monoglycerides, dough conditioner (sodium metabisulfite, corn starch, microcrystalline cellulose, dicalcium phosphate). CONTAINS: WHEAT

White Grain Bun: Unbleached white wheat flour, water, multigrain blend (whole grain triticale flour, whole grain kamut flour, whole grain brown rice flour, whole grain oat flour, whole grain spelt flour, whole grain rye flour, whole grain barley flour, ground golden flax, whole grain millet flour, whole grain sorghum flour, whole grain soy flour, whole grain quinoa flour, whole grain corn flour, wheat germ), durum wheat semolina, sunflower oil, sugar, yeast, salt, dough improvers (wheat protein isolate, wheat starch, sodium stearyl-2-lactylate, wheat flour, enzymes [amylase, xylanase, glucose oxidase, lipase]), malted barley flour. CONTAINS: WHEAT, BARLEY, RYE, OAT, TRITICALE, KAMUT, SPELT, SOY. MAY CONTAIN: SESAME SEEDS

Whole Wheat Tortilla: Whole wheat, water, vegetable shortening (interesterified soybean oil, fully hydrogenated soybean oil), contains 2% or less of the following: sugar, potassium chloride, trehalose, flavoring preparation, salt, autolyzed yeast extract, baking powder (sodium bicarbonate, corn starch, sodium aluminum sulfate, calcium sulfate, monocalcium phosphate), vital wheat gluten, monoglycerides, dough conditioner (sodium metabisulfite, corn starch, microcrystalline cellulose, dicalcium phosphate). CONTAINS: WHEAT

Lunch/Dinner - Chicken McNuggets® / Sauces

Barbeque sauce: Glucose-fructose, water, vinegar, tomato paste, salt, modified corn starch, seasonings (contains autolyzed yeast extract, mustard, wheat flour), soybean oil, hydrolyzed yeast protein, mustard seed, xanthan gum, onion powder, potassium sorbate, sodium benzoate, disodium inosinate, disodium guanylate. CONTAINS: MUSTARD, WHEAT

Honey Sauce: Honey, glucose-fructose, natural honey flavour.

McBite sauce - Creamy Ranch: Water, soybean oil, glucose solids, buttermilk powder, vinegar, frozen yolk (egg), sugar, salt, modified corn starch, garlic powder, natural flavour (milk), modified tapioca starch, onion powder, lactic acid, sodium gluconate, xanthan gum, potassium chloride, dehydrated chives, potassium sorbate, sodium benzoate, propylene glycol alginate, concentrated lemon juice, dehydrated parsley, calcium disodium EDTA. CONTAINS: MILK, EGG

McBite Sauce - Hot Habanero: Water, soybean oil, glucose solids, vinegar, seasonings [contains natural flavour (milk)], buttermilk powder, frozen yolk (egg), salt, sugar, spices, concentrated lemon juice, lactic acid, xanthan gum, propylene glycol alginate, potassium sorbate, sodium benzoate. CONTAINS MILK AND EGG

McNuggets® Sauce - Hot Mustard: Prepared mustard [water, vinegar, mustard seed, salt, turmeric, spices, garlic powder, natural flavour (plant source)], glucose-fructose, water, soybean oil, vinegar, mustard flour, frozen egg yolk, modified corn starch, salt, xanthan gum, spices, colour (annatto, caramel), sodium benzoate, spice extractives, calcium disodium EDTA. CONTAINS: MUSTARD, EGG

Sweet and Sour Sauce: Glucose-fructose, water, concentrated peach puree, vinegar, seasonings (contains wheat, soybeans, mustard), salt, modified corn starch, soybean oil, xanthan gum, mustard flour, sodium benzoate, natural flavour (plant source), colour (caramel, paprika). CONTAINS: WHEAT, SOY, MUSTARD

White Meat Chicken McNuggets®: Chicken breast, water, modified corn starch, salt, seasoning [yeast extract, salt, wheat starch, natural flavour (vegetable source), safflower oil, dextrose, citric acid, and rosemary] natural extractives of rosemary. Breaded with: water, wheat flour, yellow corn flour, modified corn starch, spices, salt, baking powder, sodium aluminum phosphate, dextrose, wheat starch, corn starch, modified hydrogenated soybean oil. Cooked in 100% vegetable oil (Canola oil, corn oil, soybean oil, hydrogenated soybean oil with TBHQ, citric acid and dimethylpolysiloxane). CONTAINS: WHEAT

Lunch/Dinner - Salads

Cashew Teriyaki Salad with Crispy Chicken

Crispy Chicken Portion
Edamame
Mixed Greens
Red Onion rings
Red pepper strips
Roasted Cashew Pieces
Salad Lettuce Blend
Shredded Carrots
Teriyaki Glaze

Cashew Teriyaki Salad with Grilled Chicken

Edamame
Grilled Chicken Portion
Mixed Greens
Red Onion rings
Red pepper strips
Roasted Cashew Pieces
Salad Lettuce Blend
Shredded Carrots
Teriyaki Glaze

Mighty Caesar Entrée Salad

Bacon Slice
Croutons
Parmesan Caesar Glaze
Salad Lettuce Blend
Shaved Parmesean

Mighty Caesar Entrée with Warm Crispy Chicken

Bacon Slice
Crispy Chicken Portion
Croutons
Parmesan Caesar Glaze
Salad Lettuce Blend
Shaved Parmesean

Mighty Caesar Entrée with Warm Grilled Chicken

Bacon Slice
Croutons
Grilled Chicken Portion
Parmesan Caesar Glaze
Salad Lettuce Blend
Shaved Parmesean

Side Caesar Salad

Bacon Slice
Croutons
Salad Lettuce Blend
Shaved Parmesean

Side Garden Fresh Salad

Cucumber
Grape Tomato
Red Onion rings
Red pepper strips
Salad Lettuce Blend
Shredded Carrots
Shredded Monterey Jack & Light Cheddar Cheese Blend

Southwest Entree Salad

Chili Lime Glaze
Chili Lime Tri-coloured
Tortilla Strips
Red Onion rings
Red pepper strips
Salad Lettuce Blend
Shredded Monterey Jack & Light Cheddar Cheese Blend
Southwest Salad
Vegetable Blend

Southwest Entrée Salad with Crispy Chicken

Chili Lime Glaze
Chili Lime Tri-coloured
Tortilla Strips
Crispy Chicken Portion
Red Onion rings
Red pepper strips
Salad Lettuce Blend
Shredded Monterey Jack & Light Cheddar Cheese Blend
Southwest Salad
Vegetable Blend

Southwest Entrée Salad with Grilled Chicken

Chili Lime Glaze
Chili Lime Tri-coloured
Tortilla Strips
Grilled Chicken Portion
Red Onion rings
Red pepper strips
Salad Lettuce Blend
Shredded Monterey Jack & Light Cheddar Cheese Blend
Southwest Salad
Vegetable Blend

Tuscan Salad with Crispy Chicken

Crispy Chicken Portion
Cucumber
Grape Tomato
Infused Cranberries
Mixed Greens
Red Onion rings
Red pepper strips
Roasted Red Pepper
Sunflower Seeds
Salad Lettuce Blend
Shaved Parmesean

Tuscan Salad with Grilled Chicken

Cucumber
Grape Tomato
Grilled Chicken Portion
Infused Cranberries
Mixed Greens
Red Onion rings
Red pepper strips
Roasted Red Pepper
Sunflower Seeds
Salad Lettuce Blend
Shaved Parmesean

Bacon Slice: Pork Bacon, water, salt, sugar, smoke flavouring, sodium phosphate, sodium erythorbate, sodium nitrite.

Chili Lime Glaze: Water, tomato paste, soy sauce (water, wheat, soybeans, salt, sodium benzoate), concentrated lime juice, soybean oil, chili powder, sugar, modified corn starch, jalapenos (jalapeno peppers, salt, acetic acid, calcium chloride), salt, vinegar, onion powder, herbs, dehydrated garlic, spices, natural (plant source) and artificial flavour, potassium sorbate, sodium benzoate, xanthan gum. CONTAINS: WHEAT, SOY

Chili Lime Tri-coloured Tortilla Strips: Corn masa flour, sunflower, safflower, canola and/or corn oil, seasoning (salt, tomato powder, spices, corn maltodextrin, modified corn starch, enriched white corn flour [thiamine, riboflavin, niacin, folic acid, iron, zinc], citric acid, dextrose, sugar, dehydrated onion, lime juice powder [corn maltodextrin, lime juice solids, natural flavour], dehydrated garlic, green bell pepper powder, artificial flavour [corn maltodextrin, modified corn starch, ascorbic acid, benzoic acid], autolyzed yeast extract, disodium inosinate, disodium guanylate), red 40, blue 1, blue 2.

Crispy Chicken Portion: Boneless chicken breast meat, water, toasted wheat crumb, sodium phosphates with corn maltodextrin and flavour (rosemary extract), salt. Coated with: Toasted wheat crumbs with spices, water, wheat flour, modified corn starch, baking powder, palm oil shortening, wheat protein, modified cellulose, colour (annatto). Cooked in 100% vegetable oil (Canola oil, corn oil, soybean oil, hydrogenated soybean oil with TBHQ, citric acid and dimethylpolysiloxane). CONTAINS: WHEAT

Croutons: Enriched wheat flour, canola and/or olive oil, whole wheat flour, sugar, rice flour, yeast, garlic powder, romano cheese (from cow's and sheep's milk), parsley, onion powder, yeast extract, natural flavour, spices, ascorbic acid, soybean oil, partially hydrogenated soybean oil. CONTAINS: WHEAT, MILK, SOY

Cucumber: Cucumber.

Edamame: Edamame (shelled green soybeans). CONTAINS: SOY

Grape Tomato: Grape tomatoes.

Grilled Chicken Portion: Boneless chicken breast meat, water, seasoning [corn maltodextrin, flavour (rice starch, autolyzed yeast extract, salt, disodium inosinate and disodium guanylate), salt, silicon dioxide, spices], rice starch, sodium phosphates. Cooked on a grill, lightly seasoned, with trans fat free cooking spray (Canola oil, water, salt, hydrogenated cottonseed oil, soy lecithin, palm oil monoglycerides, potassium sorbate, artificial flavour, calcium disodium EDTA, colour (plant source), citric acid, vitamin A palmitate, vitamin D3). CONTAINS: SOY

Infused Cranberries: Cranberries, sugar, sunflower oil.

Mixed Greens: Baby lettuces (baby green and red romaine, tango, baby green and red oak, lolita rosa, baby red leaf), baby greens (red chard, mizuna, tat-soi, arugula). Ingredients may vary.

Parmesan Caesar Glaze: Water, canola oil, garlic, parmesan cheese, vinegar, Dijon mustard (water, mustard seed, vinegar, salt, turmeric), salt, seasonings (plant source), concentrated lemon juice, spices, dehydrated garlic, xanthan gum, plant extractives. CONTAINS: MILK, MUSTARD

Red Onion rings: Red onion.

Red pepper strips: Red pepper.

Renée's® Southwest Ranch Dressing: Canola oil, water, sour cream (milk ingredients, modified corn starch, guar gum, carrageenan, locust bean gum, sodium citrate, bacterial culture, microbial enzyme), buttermilk (milk ingredients, bacterial culture), frozen yolk (egg), sugar, vinegar, salt, modified corn starch, spices, dried vegetables (onion, garlic and parsley), cultured dextrose, jalapeno pepper, lactic acid xanthan gum. CONTAINS: MILK, EGG

Renée's® Asian Sesame Vinaigrette: Water, brown sugar, canola oil, soy sauce (water, wheat, soybeans, salt), rice vinegar, sesame oil, orange peel, modified corn starch, sesame seed, xanthan gum, colour (caramel), garlic and onion powders, natural flavour (plant source). CONTAINS: WHEAT, SOY, SESAME

Renée's® Balsamic Vinaigrette: Water, canola oil, balsamic vinegar, concentrated balsamic vinegar, sugar, fresh garlic, white vinegar, salt, spices, Dijon mustard (water, mustard seeds, vinegar, salt, turmeric), xanthan gum. CONTAINS: MUSTARD

Renée's® Caesar Light Dressing: Water, canola oil, frozen egg yolk, fresh garlic, salt, concentrated lemon juice, seasonings (fish), Dijon mustard (water, mustard seeds, vinegar, salt, turmeric), spices, xanthan gum, cured anchovies. CONTAINS: EGG, FISH (ANCHOVIES), MUSTARD

Renée's® Mighty Caesar Dressing: Canola oil, water, fresh garlic, frozen egg yolk, parmesan cheese, concentrated lemon juice, seasonings, salt, Dijon mustard (water, mustard seeds, vinegar, salt, turmeric) spices, cured anchovies, xanthan gum. CONTAINS: EGG, MILK, FISH (ANCHOVIES), MUSTARD

Renée's® Yogurt Roasted Garlic Caesar Dressing: Yogurt (modified milk ingredients, bacterial culture), canola oil, water, roasted garlic, fresh garlic, frozen egg yolk, salt, concentrated lemon juice, vinegar, maltodextrin, spice and seasoning, inulin (prebiotic), cultured skim milk powder, Dijon mustard (water, mustard seeds, vinegar, salt, turmeric), flavour (plant source), cured anchovies, xanthan gum. CONTAINS: MILK, EGG, MUSTARD, FISH

Roasted Cashew Pieces: Cashew pieces, canola oil. MAY CONTAIN: PEANUTS AND OTHER TREE NUTS

Roasted Red Pepper Sunflower Seeds: Sunflower seeds, vegetable oil (may contain one or more of the following: canola, sunflower, soybean and/or peanut), seasoning (sugar, dehydrated red bell pepper, onion powder, hydrolyzed corn protein, citric acid, spice, natural (plant source), natural flavour [red bell pepper powder, autolyzed yeast extract, citric acid, tomato concentrate, onion powder, salt, vinegar solids, natural smoke flavour], artificial flavours, extractive of paprika (colour), natural flavour(plant source). MAY CONTAIN: PEANUTS, SOY

Salad Lettuce Blend: Romaine lettuce, iceberg lettuce, leaf lettuce.

Shaved Parmesean: Pasteurised milk, modified milk ingredients, bacterial culture, salt, calcium chloride, microbial enzyme, lipase, cellulose. CONTAINS: MILK

Shredded Carrots: Carrots.

Shredded Monterey Jack & Light Cheddar Cheese Blend: Pasteurised milk, modified milk ingredients, bacterial culture, salt, calcium chloride, microbial enzyme, colour (annatto), cellulose, natamycin. CONTAINS: MILK

Southwest Salad Vegetable Blend: Roasted corn, black beans, roasted tomato, poblano pepper, lime juice (water, lime juice concentrate, lime oil), cilantro.

Teriyaki Glaze: Water, glucose syrup, brown sugar, soy sauce (water, wheat, soybeans, salt, sodium benzoate), modified corn starch, salt, concentrated lemon juice, dehydrated garlic, spices, potassium sorbate, sodium benzoate. CONTAINS: WHEAT, SOY

Lunch/Dinner - Sides

French Fries - Medium
French Fries
Salt

Mini Fry
French Fries
Salt

French Fries: Potatoes, canola oil, hydrogenated soybean oil, safflower oil, natural flavour (vegetable source), dextrose, sodium acid pyrophosphate (maintain colour), citric acid (preservative), dimethylpolysiloxane (antifoaming agent) and cooked in vegetable oil (Canola oil, corn oil, soybean oil, hydrogenated soybean oil with THBQ, citric acid and dimethylpolysiloxane).

Salt: Salt, silicoaluminate, dextrose, potassium iodide.

Desserts/Snacks

Baked Apple Pie: Pastry: Enriched wheat flour, vegetable oil shortening [palm oil and canola oil and modified palm oils, soy lecithin, artificial butter flavour, citric acid, natural colour (beta carotene)], water, sugar, salt, yeast, l-cysteine hydrochloride. Filling: Apples (apples, erythorbic acid and/or ascorbic acid, citric acid, calcium chloride, salt), glucose-fructose, water, sugar, modified corn starch, sorbitol, dextrose, sodium alginate, sodium citrate, spice, salt, dicalcium phosphate, citric acid, natural (plant source) and artificial flavours. Topping: sugar, spices (cinnamon) (contains soybean oil). CONTAINS: WHEAT, SOY

Baked Blueberry Pie: Filling: blueberries, glucose-fructose, water, sugar, modified corn starch, natural (plant source and artificial blueberry flavour, dextrose, sorbitol, concentrated lemon juice, sodium alginate, sodium citrate, citric acid, salt, dicalcium phosphate, citric acid. Pastry: enriched wheat flour, vegetable oil shortening [palm and canola oil and modified palm oils, soy lecithin, artificial butter flavour, citric acid, colour (beta carotene)], water, sugar, yeast, salt, l-cysteine hydrochloride, ascorbic acid. Topping: sugar, caramel (contains soybean oil). CONTAINS: WHEAT, SOY

Blueberries: Blueberries.

Cinnamon Melts®: Enriched flour, water, sugar, margarine (palm oil, water, soybean oil, salt, whey, natural flavor [includes milk], mono- and diglycerides, soy lecithin, sodium benzoate, vitamin A palmitate, beta carotene [color]), powdered sugar, brown sugar, shortening (palm oil, soybean oil, mono and diglycerides, soy lecithin), eggs, CONTAINS 2% OR LESS OF THE FOLLOWING: Cream cheese powder (a dehydrated blend of cream cheese [pasteurized milk and cream, cheese cultures, salt, carob bean gum], non-fat dry milk, disodium phosphate, natural flavor [vegetable source]), cinnamon, non-fat dry milk, yeast, salt, soybean oil, natural (plant and dairy source) and artificial flavors, distilled monoglycerides, mono- and diglycerides, sodium alginate, sodium stearoyl lactylate, polysorbate 60, titanium dioxide (color), potassium sorbate (preservative), enzymes, pectin. CONTAINS: WHEAT, BARLEY, EGG, MILK, SOY

Granola: Rolled oats, sugar, crisp rice pieces (rice flour, barley malt extract, salt), refiner's syrup, corn syrup, honey, concentrated apple puree (contains ascorbic acid), crushed oranges, high monounsaturated sunflower oil, salt, baking soda, sodium aluminum phosphate, spice, natural flavour (plant source), soy lecithin. CONTAINS: SOY, OATS, BARLEY. MAY CONTAIN WHEAT

Hot Caramel Topping: Sugar/glucose-fructose, sweetened condensed whole milk, water, butter, pectin, disodium phosphate, salt, artificial flavour. CONTAINS: MILK

Hot Fudge Sundae Topping: Sugar, water, hydrogenated coconut oil, milk ingredients, cocoa, glucose syrup, salt, disodium phosphate, potassium sorbate, artificial flavour, polyglycerol esters of fatty acids (plant source), soy lecithin. CONTAINS: MILK, SOY

Large Cone: Enriched wheat flour, tapioca flour, sugar, vegetable oil shortening (soybean or canola oil, modified palm oil, soy lecithin), leavening (sodium bicarbonate, ammonium bicarbonate), salt, natural flavour (plant source), annatto (vegetable color). CONTAINS: WHEAT, SOY NOTE: Paper jackets adhere to cups via a drop of corn syrup.

Milk Chocolate Morsels: Milk chocolate (sugar, milk ingredients, cocoa butter, cocoa mass, whey powder, lactose, soy lecithin, polyglycerol polyricinoleate, natural flavour {plant source}). CONTAINS MILK, SOY. MAY CONTAIN: WHEAT

Muffin Blueberry: Enriched wheat flour, sugar, water, blueberries, canola oil, egg white, invert sugar, modified milk ingredients, sodium aluminum phosphate, sodium bicarbonate, emulsifier blend (propylene glycol mono fatty acid esters, soy monoglycerides, sodium stearoyl-2-lactylate), salt, artificial flavour, batter thickener (carrageenan, guar gum, soy lecithin), modified corn starch, sodium carboxymethyl cellulose. CONTAINS: WHEAT, EGG, MILK, SOY

Muffin Carrot: Enriched wheat flour, carrots, sugar, canola oil, egg white, water, invert sugar, baking powder, cinnamon, sodium bicarbonate, batter thickener (carrageenan, guar gum, soy lecithin), salt, emulsifier blend (propylene glycol mono fatty acid esters, soy monoglycerides, sodium stearoyl-2-lactylate), modified corn starch, modified milk ingredients. CONTAINS: WHEAT, EGG, SOY, MILK

Muffin Cranberry Orange: Enriched wheat flour, sugar, cranberries, water, egg white, canola oil, invert sugar, yogurt (skim milk, skim milk powder, modified corn starch, pectin, carrageenan, active bacterial culture), buttermilk (skimmed milk, bacterial culture, salt), oranges, orange juice concentrate, baking powder, emulsifier blend (propylene glycol mono fatty acid esters, soy monoglycerides, sodium stearoyl-2-lactylate), sodium bicarbonate, salt, batter thickener (carrageenan, guar gum, soy lecithin), natural (plant source) and artificial flavour, sodium carboxymethyl cellulose, colour. CONTAINS: WHEAT, EGG, MILK, SOY

Muffin Double Chocolate: Enriched wheat flour, sugar, water, invert sugar, canola oil, egg white, chocolate chunks (sugar, chocolate liquor, cocoa butter, soy lecithin, vanillin, salt), buttermilk (skimmed milk, bacterial culture, salt), cocoa, baking powder, sodium bicarbonate, artificial flavour, salt, modified corn starch, batter thickener (carrageenan, guar gum, soy lecithin), emulsifier blend (propylene glycol mono fatty acid esters, soy monoglycerides, sodium stearoyl-2-lactylate), sodium carboxymethyl cellulose CONTAINS: WHEAT, EGG, SOY, MILK

Muffin Fruit & Fibre: Enriched wheat flour, sugar, canola oil, bananas, egg white, buttermilk (skimmed milk, bacterial culture, salt), water, wheat bran, cranberries, blueberries, dehydrated apples, sodium bicarbonate, baking powder, emulsifier blend (propylene glycol mono fatty acid esters, soy monoglycerides, sodium stearyl-2-lactylate), batter thickener (carrageenan, guar gum, soy lecithin), salt, artificial flavour, sodium carboxymethyl cellulose. CONTAINS: WHEAT, EGG, MILK, SOY

Muffin Golden Bran & Raisin: Sugar, enriched wheat flour, water, wheat bran, yogurt (skim milk, skim milk powder, modified corn starch, pectin, carrageenan, active bacterial culture), canola oil, egg white, buttermilk (skimmed milk, bacterial culture, salt), raisins, sodium bicarbonate, baking powder, emulsifier blend (propylene glycol mono fatty acid esters, soy monoglycerides, sodium stearyl-2-lactylate), batter thickener (carrageenan, guar gum, soy lecithin), artificial flavour, salt. CONTAINS: WHEAT, MILK, EGG, SOY

Oreo® Mix-in: Sugar, enriched wheat flour, coconut oil shortening, soybean oil, cocoa, corn starch, glucose syrup, salt, soy lecithin, baking soda, artificial flavour. CONTAINS: WHEAT, SOY

Rolo® Syrup: Sugar, water, cocoa, modified corn starch, maltodextrin, flavour (vegan) and artificial flavour, salt, citric acid, potassium sorbate, xanthan gum.

Strawberries: Strawberries: Strawberries, konjac flour.

Strawberry Danino Yogurt : Skim milk, sugar, modified milk ingredients, cream, fructose, corn starch, strawberry puree, modified corn starch, calcium citrate, natural flavours (vegetable source), gelatin (beef), natural colours (vegetable source), malic acid, active bacterial cultures, vitamin D, sodium citrate. Made with vitamin D fortified skim milk. CONTAINS: MILK

Strawberry Topping: Sugar/glucose-fructose, strawberries, water, natural flavour (plant source), citric acid, locust bean gum, pectin, potassium sorbate, colour (allura red), calcium chloride.

Vanilla Birthday Cake: Icing Sugar (sugar, corn starch), flour, sugar, invert syrup, canola oil, water, liquid whole egg, shortening (modified palm oil, canola oil, palm kernel oil, mono & diglycerides, polysorbate 60, BHA, BHT, citric acid), emulsifier (water, mono & diglycerides, modified starch, diacetyl tartaric acid esters of mono & diglycerides, citric acid, potassium sorbate, sodium stearyl lactylate, glycerol fatty acid ester, propylene glycol fatty acid ester, sorbitan monostearate, polyglycerol ester of fatty acids, glycerin, propylene glycol, xanthan gum), white fondant (sugar, water, glucose), wheat starch, corn syrup, milk powder, artificial flavour (caramel colour), baking powder, salt, xanthan gum. Image: Tapioca starch, corn syrup solids, microcrystalline cellulose, sugar, water, canola oil, glycerine, polyglycerol esters, modified food starch, algin, citric acid, potassium sorbate, coconut oil, titanium dioxide, soy lecithin, locust bean gum, colour (FD&C Blue #1 Lake, FD&C Red #40 Lake, FD&C Red #3, Turmeric, FD&C Yellow #6 Lake). CONTAINS: MILK, EGG, WHEAT, SOY.

Vanilla Cookie Pieces: Enriched wheat flour, sugar, canola oil, salt, baking powder, natural flavour (vanilla), spice, soy lecithin. CONTAINS: WHEAT, SOY.

Vanilla Ice Milk: Milk ingredients (milk, cream), sugar, glucose, soy mono and diglycerides, guar gum, dextrose, artificial vanilla flavour, carrageenan, cellulose gum. CONTAINS: MILK

Vanilla Stirred Yogurt: Milk ingredients, sugar, modified milk ingredients, fructose, modified corn starch, artificial flavour, gelatin (beef), active bacterial cultures. CONTAINS: MILK

Beverages

1% Partly Skimmed Chocolate Milk: Partly skimmed milk, sugar/glucose-fructose, cocoa, colour (yellow #6, red #2), salt, carrageenan, artificial flavour (vanillin), vitamin A palmitate, vitamin D3. CONTAINS: MILK

1% Partly Skimmed Milk: Partly skimmed milk, vitamin A palmitate, vitamin D3. CONTAINS: MILK

18% Cream: Cream, milk, sodium citrate and may contain in varying proportions: sodium phosphate, carrageenan, dextrose. CONTAINS: MILK

Apple Juice : Concentrated apple juice, ascorbic acid (vitamin C)

Barq's® Root Beer: Carbonated water, sugar/glucose-fructose, caramel colour, sodium benzoate, natural (vegetable source) and artificial flavours, citric acid, caffeine.

Brewed Coffee: Water, 100% roasted arabica coffee.

Caramel Coffee Syrup: Sugar, water, fructose, natural (plant source) and artificial flavour, salt, caramel color (with sulphites), potassium sorbate, citric acid, malic acid.

Coca-Cola®: Carbonated water, sugar/glucose-fructose, caramel colour, phosphoric acid, natural flavours (vegetable source), caffeine.

Dairy Mix: Milk ingredients (milk, cream), sugar, glucose, soy mono and diglycerides, guar gum, dextrose, artificial vanilla flavour, carrageenan, cellulose gum. CONTAINS: MILK

Diet Coke®: Carbonated water, caramel colour, phosphoric and citric acid, aspartame (contains phenylalanine), natural flavours (vegetable source), sodium benzoate, acesulfame-potassium, caffeine, dimethylpolysiloxane.

Fruitopia® Strawberry Passion Awareness®: Water, sugar/glucose-fructose, fruit juices from concentrate (apple, pear, strawberry, and passion fruit), citric acid, natural flavour (vegetable source), ascorbic acid, sodium benzoate, potassium citrate, potassium sorbate, artificial colour (tartrazine), coconut oil.

Hot Chocolate (Packet): Sugar, non fat dry milk, non dairy creamer [corn syrup solids, coconut oil, sodium caseinate (milk derivative), dipotassium phosphate, mono & diglycerides, silicon dioxide, artificial flavour and turmeric and annatto extracts], cocoa (processed with alkali), natural & artificial flavour (plant source), salt, tricalcium phosphate, carboxymethylcellulose gum, instant coffee. CONTAINS: MILK

Ice: Water.

Liquid Sugar: Sugar, water, potassium sorbate (preservative), citric acid.

Mango Pineapple Juice: Filtered water, concentrated pear and grape juices, mango puree, concentrated pineapple juice, natural flavour, ascorbic acid (vitamin C), colour, citric acid.

Mixed Berry Juice: Concentrated fruit juices,(apple, grape, blackberry and raspberry), filtered water, natural flavour, grape skin extract, ascorbic acid (vitamin C), citric acid

Nestea Iced Tea: Water, sugar/glucose-fructose, citric acid, concentrated tea from tea leaves, potassium citrate, sodium benzoate, natural lemon flavour.

Orange Juice: Water, orange juice from concentrate.

Sprite®: Carbonated water, sugar/glucose-fructose, citric acid, sodium citrate, natural flavours (vegetable source), sodium benzoate.

Sugar Free Vanilla Syrup: Water, erythritol, natural (plant source) and artificial flavors, cellulose gum, sucralose, salt, malic acid, potassium sorbate, acesulfame potassium, caramel color (with sulphites).

Triple Thick Milkshake® Chocolate Syrup: Glucose-fructose, water, cocoa, natural (plant source) and artificial flavour, salt, potassium sorbate. May contain small amounts of other shake flavours.

Triple Thick Milkshake® Strawberry Syrup: Sugar/glucose-fructose, water, strawberries, natural (plant source) and artificial flavour, pectin, citric acid, xanthan gum, potassium sorbate, colour (caramel, allura red), calcium chloride. May contain small amounts of other shake flavours.

Triple Thick Milkshake® Vanilla Syrup: Glucose syrup, water, natural flavour (plant source), colour (caramel, beta-carotene), citric acid, potassium sorbate. May contain small amounts of other shake flavours.

Vanilla Chai Frappe Base: Sugar, milk ingredients(cream, non-fat dry milk), water, natural (plant sourced) and artificial flavour, dipotassium phosphate, mono & diglycerides, guar gum, potassium citrate, disodium phosphate, carrageenan, carob bean gum. CONTAINS: MILK

Vanilla Coffee Syrup: Sugar, water, fructose, natural (plant source) and artificial flavor, caramel color (with sulphites), potassium sorbate, citric acid, malic acid.

Water: Water

Whipped Cream: Pasteurized cream, water, sugar/glucose-fructose, buttermilk powder, microcrystalline cellulose, locust bean gum, cellulose gum, carrageenan, soy mono and diglycerides, polysorbate 80, artificial flavour, nitrous oxide (pressure dispensing agent). CONTAINS: MILK

McCafé

Blueberry Pomegranate Smoothie with yogurt - Large
Blueberry Pomegranate Smoothie Fruit Base
Ice
Low fat yogurt for Smoothies

Blueberry Pomegranate Smoothie with yogurt - Medium
Blueberry Pomegranate Smoothie Fruit Base
Ice
Low fat yogurt for Smoothies

Blueberry Pomegranate Smoothie with Yogurt - Small
Blueberry Pomegranate Smoothie Fruit Base
Ice
Low fat yogurt for Smoothies

Blueberry Pomegranate Smoothie with Yogurt - Snack Size
Blueberry Pomegranate Smoothie Fruit Base
Ice
Low fat yogurt for Smoothies

Blueberry Pomegranate Smoothie without yogurt - Large
Blueberry Pomegranate Smoothie Fruit Base
Ice

Blueberry Pomegranate Smoothie without yogurt - Medium
Blueberry Pomegranate Smoothie Fruit Base
Ice

Blueberry Pomegranate Smoothie without yogurt - Small
Blueberry Pomegranate Smoothie Fruit Base
Ice

Blueberry Pomegranate Smoothie without yogurt - Snack Size
Blueberry Pomegranate Smoothie Fruit Base
Ice

Cappuccino with 2% milk - Medium
2% milk
Espresso Coffee

Cappuccino with skim milk - Medium
Espresso Coffee
Skim Milk

Caramel Cappuccino with 2% milk - Medium
2% milk
Caramel Coffee Syrup
Espresso Coffee

Caramel Cappuccino with skim milk - Medium
Caramel Coffee Syrup
Espresso Coffee
Skim Milk

Caramel Iced Latte with 2% milk - Medium
2% milk
Caramel Coffee Syrup
Espresso Coffee

Caramel Iced Latte with skim milk - Medium
Caramel Coffee Syrup
Espresso Coffee
Skim Milk

Caramel Latte with 2% milk - Medium
2% milk
Caramel Coffee Syrup
Espresso Coffee

Caramel Latte with skim milk - Medium
Caramel Coffee Syrup
Espresso Coffee
Skim Milk

Deluxe Hot Chocolate with 2% milk - Child
2% milk
Chocolate Coffee Syrup
Whipped Cream

Deluxe Hot Chocolate with 2% milk - Medium
2% milk
Chocolate Coffee Syrup
Chocolate Powder
Whipped Cream

Deluxe Hot Chocolate with Skim Milk - Child
Chocolate Coffee Syrup
Skim Milk
Whipped Cream

Deluxe Hot Chocolate with skim milk - Medium
Chocolate Coffee Syrup
Chocolate Powder
Skim Milk
Whipped Cream

As of July 02, 2013

As of July 02, 2013

As of July 02, 2013

Iced Latte with 2% milk - Medium
2% milk
Espresso Coffee

Iced Latte with skim milk - Medium
Espresso Coffee
Skim Milk

Iced Mocha with 2% milk - Medium
2% milk
Chocolate Coffee Syrup
Chocolate Drizzle
Espresso Coffee
Whipped Cream

Iced Mocha with skim milk - Medium
Chocolate Coffee Syrup
Chocolate Drizzle
Espresso Coffee
Skim Milk
Whipped Cream

Latte with 2% milk - Medium
2% milk
Espresso Coffee

Latte with skim milk - Medium
Espresso Coffee
Skim Milk

Mango Pineapple Smoothie with yogurt - Medium
Ice
Low fat yogurt for Smoothies
Mango Pineapple Fruit Base

Mango Pineapple Smoothie with yogurt - Large
Ice
Low fat yogurt for Smoothies
Mango Pineapple Fruit Base

Mango Pineapple Smoothie with yogurt - Small
Ice
Low fat yogurt for Smoothies
Mango Pineapple Fruit Base

Mango Pineapple Smoothie with yogurt - Snack Size
Ice
Low fat yogurt for Smoothies
Mango Pineapple Fruit Base

Mango Pineapple Smoothie without yogurt - Large
Ice
Mango Pineapple Fruit Base

Mango Pineapple Smoothie without yogurt - Medium
Ice
Mango Pineapple Fruit Base

Mango Pineapple Smoothie without yogurt - Small
Ice
Mango Pineapple Fruit Base

Mango Pineapple Smoothie without yogurt - Snack Size
Ice
Mango Pineapple Fruit Base

McCafé Coffee Iced Frappé - Large
Ice
Iced Coffee Frappe Base

McCafé Coffee Iced Frappé - Medium
Ice
Iced Coffee Frappe Base

McCafé Coffee Iced Frappé- Small
Ice
Iced Coffee Frappe Base

McCafé Coffee Iced Frappé- Snack Size
Ice
Iced Coffee Frappe Base

McCafé Coffee Iced Frappé with Whipped Cream - Large
Ice
Iced Coffee Frappe Base
Whipped Cream

McCafé Coffee Iced Frappé with Whipped Cream - Medium
Ice
Iced Coffee Frappe Base
Whipped Cream

McCafé Coffee Iced Frappé with whipped cream - Small
Ice
Iced Coffee Frappe Base
Whipped Cream

McCafé Coffee Iced Frappé with whipped cream - Snack size
Ice
Iced Coffee Frappe Base
Whipped Cream

McCafé Vanilla Chai Tea Iced Frappé - Large
Ice
Vanilla Chai Frappe Base

McCafé Vanilla Chai Tea Iced Frappé - Snack size
Ice
Vanilla Chai Frappe Base

McCafé Vanilla Chai Tea Iced Frappé- Med
Ice
Vanilla Chai Frappe Base

McCafé Vanilla Chai Tea Iced Frappé with whipped cream - Large
Ice
Vanilla Chai Frappe Base
Whipped Cream

McCafé Vanilla Chai Tea Iced Frappé with whipped cream - Small
Ice
Vanilla Chai Frappe Base
Whipped Cream

McCafé Vanilla Chai Tea Iced Frappé with whipped cream - Snack
Ice
Vanilla Chai Frappe Base
Whipped Cream

Mocha with 2% milk - Medium
2% milk
Chocolate Coffee Syrup
Chocolate Powder
Espresso Coffee
Whipped Cream

Mocha with skim milk - Medium
Chocolate Coffee Syrup
Chocolate Powder
Espresso Coffee
Skim Milk
Whipped Cream

Strawberry Banana Smoothie with Yogurt - Large
Ice
Low fat yogurt for Smoothies
Strawberry Banana Fruit Smoothie Base

Strawberry Banana Smoothie with Yogurt - Medium
Ice
Low fat yogurt for Smoothies
Strawberry Banana Fruit Smoothie Base

Strawberry Banana Smoothie with Yogurt - Small
Ice
Low fat yogurt for Smoothies
Strawberry Banana Fruit Smoothie Base

Strawberry Banana Smoothie with yogurt - Snack Size
Ice
Low fat yogurt for Smoothies
Strawberry Banana Fruit Smoothie Base

Strawberry Banana Smoothie without yogurt - Large
Ice
Strawberry Banana Fruit Smoothie Base

Strawberry Banana Smoothie without yogurt - Medium
Ice
Strawberry Banana Fruit Smoothie Base

Strawberry Banana Smoothie without yogurt - Small
Ice
Strawberry Banana Fruit Smoothie Base

Strawberry Banana Smoothie without yogurt - Snack Size
Ice
Strawberry Banana Fruit Smoothie Base

Strawberry Mango Orange Smoothie with Yogurt - Large
Ice
Low fat yogurt for Smoothies
Strawberry Mango Orange Smoothie Base

Strawberry Mango Orange Smoothie with Yogurt - Medium
Ice
Low fat yogurt for Smoothies
Strawberry Mango Orange Smoothie Base

Strawberry Mango Orange Smoothie with yogurt - Small
Ice
Low fat yogurt for Smoothies
Strawberry Mango Orange Smoothie Base

Strawberry Mango Orange Smoothie with yogurt - Snack size
Ice
Low fat yogurt for Smoothies
Strawberry Mango Orange Smoothie Base

Strawberry Mango Orange Smoothie without yogurt - Large
Ice
Strawberry Mango Orange Smoothie Base

Strawberry Mango Orange Smoothie without yogurt - Small
Ice
Strawberry Mango Orange Smoothie Base

Strawberry Mango Orange Smoothie without yogurt - Snack size
Ice
Strawberry Mango Orange Smoothie Base

Strawberry Mango Orange Smoothie without yogurt -Medium
Ice
Strawberry Mango Orange Smoothie Base

Sugar Free Vanilla Cappuccino with 2% milk - Medium
2% milk
Espresso Coffee
Sugar Free Vanilla Syrup

Sugar Free Vanilla Cappuccino with skim milk - Medium
Espresso Coffee
Skim Milk
Sugar Free Vanilla Syrup

Sugar Free Vanilla Iced Coffee - Large
18% Cream
Brewed Coffee
Sugar Free Vanilla Syrup

Sugar Free Vanilla Iced Latte with 2% milk - Medium
2% milk
Espresso Coffee
Sugar Free Vanilla Syrup

Sugar Free Vanilla Iced Latte with skim milk - Medium
Espresso Coffee
Skim Milk
Sugar Free Vanilla Syrup

Sugar Free Vanilla Latte with 2% milk - Medium
2% milk
Espresso Coffee
Sugar Free Vanilla Syrup

Sugar Free Vanilla Latte with skim milk - Medium
Espresso Coffee
Skim Milk
Sugar Free Vanilla Syrup

Vanilla Cappuccino with 2% milk - Medium
2% milk
Espresso Coffee
Vanilla Coffee Syrup

Vanilla Cappuccino with skim milk - Medium
Espresso Coffee
Skim Milk
Vanilla Coffee Syrup

Vanilla Iced Latte with 2% milk - Medium
2% milk
Espresso Coffee
Vanilla Coffee Syrup

Vanilla Iced Latte with skim milk - Medium
Espresso Coffee
Skim Milk
Vanilla Coffee Syrup

Vanilla Latte with 2% milk - Medium
2% milk
Espresso Coffee
Vanilla Coffee Syrup

Vanilla Latte with skim milk - Medium
Espresso Coffee
Skim Milk
Vanilla Coffee Syrup

18% Cream: Cream, milk, sodium citrate and may contain in varying proportions: sodium phosphate, carrageenan, dextrose. CONTAINS: MILK

2% milk: Partly skimmed milk, vitamin A palmitate, vitamin D3. CONTAINS: MILK

Blueberry Pomegranate Smoothie Fruit Base: Blueberry puree, water, clarified demineralized pineapple juice concentrate, raspberry puree, apple juice concentrate, pomegranate juice concentrate, natural (botanical) and artificial flavours, cellulose powder, peach juice concentrate, pear juice concentrate, citric acid, lemon juice concentrate, xanthan gum, pectin, dimethylpolysiloxane, natural colour (fruit and vegetable juice). *Dispensed from equipment that also dispenses milk ingredients (yogurt). May contain Milk and small amount of other smoothie flavours served at the restaurant.

Brewed Coffee: Water, 100% roasted arabica coffee.

Caramel Coffee Syrup: Sugar, water, fructose, natural (plant source) and artificial flavour, salt, caramel color (with sulphites), potassium sorbate, citric acid, malic acid.

Chocolate Coffee Syrup: Sugar, water, natural (plant source) and artificial flavor, chocolate liquor, caramel color (with sulfites), vanilla extract, salt, gellan gum, citric acid, potassium sorbate, FD&C Red #40. CONTAINS: SULPHITES

Chocolate Drizzle: Sugar/glucose-fructose, water, hydrogenated coconut oil, cocoa, milk ingredients, salt, disodium phosphate, potassium sorbate, soy mono and diglycerides, xanthan gum, artificial flavour, citric acid, soy lecithin. CONTAINS: MILK, SOY

Chocolate Powder: Sugar, cocoa powder, dextrose, cream powder (cream, modified milk ingredients, soy lecithin, BHA), colour, modified hydrogenated soybean oil, calcium silicate, artificial flavour, flavour (skim milk powder). CONTAINS: MILK, SOY

Espresso Coffee: Ground espresso beans.

Ice: Water.

Iced Coffee Frappe Base: Water, sugar, milk ingredients(cream, non-fat dry milk), coffee extract, maltodextrin, natural (plant source) and artificial flavour, dipotassium phosphate, mono & diglycerides, guar gum, potassium citrate, disodium phosphate, carrageenan, carob bean gum. CONTAINS: MILK

Low fat yogurt for Smoothies: Partly skimmed milk, sugar, milk protein concentrate, modified corn starch, bacterial cultures. CONTAINS: MILK

Mango Pineapple Fruit Base: Water, clarified demineralized pineapple juice concentrate, mango puree concentrate, pineapple juice concentrate, orange juice concentrate, pineapple puree, passion fruit juice, apple juice concentrate, natural (botanical source) and artificial flavors, peach puree, cellulose powder, pear juice concentrate, peach juice concentrate, and in varying proportions: xanthan gum, citric acid, pectin, natural colour (fruit and vegetable juice, turmeric), ascorbic acid, calcium carbonate, dimethylpolysiloxane. *Dispensed from equipment that also dispenses milk ingredients (yogurt). May contain milk and small amounts of other smoothie flavours served at the restaurant.

Skim Milk: Skim milk, vitamin A palmitate, vitamin D3. CONTAINS: MILK

Strawberry Banana Fruit Smoothie Base: "Strawberry puree, banana puree, water, grape juice concentrate, clarified demineralized pineapple juice concentrate, sugar, natural (plant source) and artificial flavors, cellulose powder, xanthan gum, pear juice concentrate, peach juice concentrate, and in varying proportion; citric acid, pectin, natural color (with fruit and vegetable juice), ascorbic acid, calcium carbonate, dimethylpolysiloxane. *Dispensed from equipment that also dispenses milk ingredients (yogurt). May contain Milk and small amount of other smoothie flavours served at the restaurant."

Strawberry Mango Orange Smoothie Base: Strawberry puree, water, clarified demineralized pineapple juice concentrate, mango puree concentrate, grape juice concentrate, orange juice concentrate, contains less than 2% of the following: cellulose powder, natural (botanical source) and artificial flavours, pectin, fruit and vegetable juice for colour, xanthan gum, citric acid. *Dispensed from equipment that also dispenses milk ingredients (yogurt). May contain Milk and small amount of other smoothie flavours served at the restaurant.

Sugar Free Vanilla Syrup: Water, erythritol, natural (plant source) and artificial flavors, cellulose gum, sucralose, salt, malic acid, potassium sorbate, acesulfame potassium, caramel color (with sulphites).

Vanilla Chai Frappe Base: Sugar, milk ingredients(cream, non-fat dry milk), water, natural (plant sourced) and artificial flavour, dipotassium phosphate, mono & diglycerides, guar gum, potassium citrate, disodium phosphate, carrageenan, carob bean gum. CONTAINS: MILK

Vanilla Coffee Syrup: Sugar, water, fructose, natural (plant source) and artificial flavor, caramel color (with sulphites), potassium sorbate, citric acid, malic acid.

Whipped Cream: Pasteurized cream, water, sugar/glucose-fructose, buttermilk powder, microcrystalline cellulose, locust bean gum, cellulose gum, carrageenan, soy mono and diglycerides, polysorbate 80, artificial flavour, nitrous oxide (pressure dispensing agent). CONTAINS: MILK

Condiments

Becel® Margarine Portion: Canola and/or sunflower oil, water, modified palm and palm kernel oil, salt, whey powder, soy lecithin, monoglycerides (palm oil base), potassium sorbate, citric acid, alpha-tocopherol acetate, artificial flavour, beta-carotene, vitamin A palmitate, calcium disodium EDTA, vitamin D3. CONTAINS: MILK, SOY

Granulated Nuts: Peanuts. CONTAINS: PEANUTS

Hotcake Syrup: Sugar/glucose-fructose, water, natural (plant source) and artificial flavour, potassium sorbate, colour (caramel).

Ketchup: Tomato paste (made from fresh ripe tomatoes), liquid sugar, white vinegar, salt, onion powder, spices.

McChicken® Sauce: Soybean oil, water, prepared mustard (water, mustard seed, vinegar, salt, mustard bran), frozen egg yolk, vinegar, sugar, salt, xanthan gum, potassium sorbate, calcium disodium EDTA. CONTAINS: MUSTARD, EGG

Peanut Butter: Selected roasted peanuts, soybean oil, corn dextrin, sugar, hydrogenated vegetable oil, dextrose, salt. CONTAINS: PEANUTS, SOY

Salsa: Water, tomatoes, onions, jalapeno peppers, green bell peppers, vinegar, salt, glucose-fructose, vegetable oil (soybean and/or canola), xanthan gum, dehydrated onion, citric acid, sodium benzoate, potassium sorbate, spices, garlic, ascorbic acid.

Strawberry Jam: Sugar/glucose-fructose, strawberries, water, fruit pectin, citric acid, mono and diglycerides.

Vinegar: White vinegar (5% acetic acid by volume)

Create your Own McFlurry

Hot Caramel Topping: Sugar/glucose-fructose, sweetened condensed whole milk, water, butter, pectin, disodium phosphate, salt, artificial flavour. CONTAINS: MILK

Hot Fudge Sundae Topping: Sugar, water, hydrogenated coconut oil, milk ingredients, cocoa, glucose syrup, salt, disodium phosphate, potassium sorbate, artificial flavour, polyglycerol esters of fatty acids (plant source), soy lecithin. CONTAINS: MILK, SOY

McFlurry Drumstick Pieces: Chocolatey coating (sugar, corn starch, palm oil, modified palm kernel oil, cocoa, flavours (plant source), soy lecithin, colour (caramel)). Cone pieces (wheat flour, sugar, soybean oil, palm oil, soy lecithin, salt, colour (caramel), flavour {plant source}). CONTAINS: WHEAT, SOY

Milk Chocolate Morsels: Milk chocolate (sugar, milk ingredients, cocoa butter, cocoa mass, whey powder, lactose, soy lecithin, polyglycerol polyricinoleate, natural flavour {plant source}). CONTAINS MILK, SOY. MAY CONTAIN: WHEAT

Oreo® Mix-in: Sugar, enriched wheat flour, coconut oil shortening, soybean oil, cocoa, corn starch, glucose syrup, salt, soy lecithin, baking soda, artificial flavour. CONTAINS: WHEAT, SOY

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Rolo® Syrup: Sugar, water, cocoa, modified corn starch, maltodextrin, flavour (vegan) and artificial flavour, salt, citric acid, potassium sorbate, xanthan gum.

Strawberry Topping: Sugar/glucose-fructose, strawberries, water, natural flavour (plant source), citric acid, locust bean gum, pectin, potassium sorbate, colour (allura red), calcium chloride.

Vanilla Ice Milk: Milk ingredients (milk, cream), sugar, glucose, soy mono and diglycerides, guar gum, dextrose, artificial vanilla flavour, carrageenan, cellulose gum. CONTAINS: MILK

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